

PALOMA GASPARD DE ALBA

DANCER

CHOREOGRAPHER

EDUCATOR



PALOMA GASPAR DE ALBA

gaspardealbap@gmail.com

(646) 323 0149

[@palomagaspar](https://www.instagram.com/palomagaspar)

Mexico City, Mexico | New York City, USA

Dance artist specialized in performance, choreography, and education; developing a career in both New York City and Mexico City, focused on contemporary dance. Experience varies from commercial campaigns, contemporary dance companies, freelance choreography and performing, to running a dance studio and training young professionals in the arts.

TEACHING EXPERIENCE

Studio Co-Director, Teacher, and Choreographer. Flashdance Studio Mexico.

Mexico City, 2019 - Present

- Led studio as co-director, overseeing the educational programming as well as managing the business operations. Job included developing class curriculums, coordinating staff, handling payroll and rent payments, overseeing studio's companies and general operation amongst others.
- Worked as teacher of contemporary styles to studio's competition companies and recreational students alike, ages spanning from seven- to eighteen-year-olds. Choreographed several high-scoring and award-winning routines at conventions such as Jump, Nuvo, Radix and the Dance Awards.
- Assisted toddler classes to gain knowledge of early-development teaching in dance, acquiring the skill to teach children ages two and up.
- Gained leadership skills, learned to carry big responsibilities and rise up to challenges, to counsel students in time of need, and how to operate a creative business.

PERFORMANCE AND CHOREOGRAPHY EXPERIENCE

Company Member. Motores Danza.

Mexico City, August 2022 - Present

- Company member of Motores Danza contemporary dance company under the artistic direction of Gabriela Hernández.
- Participated in creation process and performance of multiple company works.
- Gained insight of the workings of a dance company, developed my skills as a professional and understood the responsibility of working in the industry.
- As a teacher, this knowledge made me better equipped to guide and assist students interested in dancing for a company.

Performer. "Between Breaths" by Katie Drablos.

New York City, March 2025

- Danced in improvisation-forward live performance curated by Katie Drablos, mixing painting and dance for a one-night-only gallery opening event in New York City.

Choreographer and Performer. Café Con Rumba Dance Festival.

New York City, October 2024

- Participated as both a choreographer and performer, creating and presenting the piece "Vienna" at Agnes Varis Performing Arts Center for Café con Rumba 2024.

Performer. "Only The Best" by Katie Drablos.

New York City, March 2024

- Directed and choreographed by Katie Drablos, the performance was held as a fundraising event in support of the NHC Living Foundation, a nonprofit organization dedicated to providing assistance to head and neck cancer patients.

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Movement Director and Performer. Latro Films for Country Crock.

Mexico City, December 2022

- Worked as performer and Movement Director for filming of TV commercial.
- Learned how to dance and choreograph for film projects.
- Experienced the process of auditioning, rehearsing, and shooting for TV and film.

Selected Choreographer. Young Choreographers Festival.

New York City, June 2022

- Selected as up-and-coming young choreographer of 2022.
- Presented piece “Dog Days Are Over” at Symphony Space in New York City.
- Work reviewed by Dance Informa as “a reminder that dance can be both studiously crafted and joyful”.

Choreographer and Performer. Concordia Creative Studio for Project Adamo.

New York City, November 2021

- Choreographed short film “Euphoria” for fashion-brand Project Adamo.
- Gained experience in choreographing for a specific medium and serving the needs of a commercial client while developing creative work.

Choreographer. Ardentia Compañía de Danza.

Mexico City, May - September 2020

- Created dance short film “Fragmentados” for ballet company Ardentia Compañía de Danza.
- Led an intensive nine-month training program, introducing classically trained company members to contemporary styles and techniques.
- “Fragmentados” was selected for showcasing at the National Institute of Arts (INBA) in Mexico.
- Media features in *Reforma* and *Time Out*.

RECENT TRAINING

Real Pilates Classical Certification — In Progress (Expected Completion – May 2025).

- 600-hour comprehensive teacher training in Classical Pilates.
- Developed expertise in body mechanics and injury prevention.
- Gained knowledge that allows me to create proactive, injury-preventive training environments for students.

Gaga Lab at Orsolina28 Fondazione di Danza - Moncalvo, Italy 2023.

- Program led by Ohad Naharin, Ian Robinson, Rachel Osborne, and Nitzan Dressler.
- Featured gaga/dancer classes, Metodika, and Batsheva Dance Company repertoire.

Gaga Lab by Batsheva Dance Company - Tel Aviv, Israel 2022.

- 12-day program of intensive physical research led by Ohad Naharin, Saar Harari, Adi Zlatin, Yaara Moses and other Batsheva Company members.
- Featured gaga/dancer classes, Metodika, and Batsheva Dance Company repertoire.

Borderless Body Gaga Workshop - Mexico City 2023, 2024.

- Led by Cesar Brodermann, Guy Davidson, Gianni Notarnicola, Beatrice Larivee, Alma Karvat Shemesh.
- Featured gaga/dancer classes, Metodika, Batsheva repertoire, and Cesar Brodermann repertoire.

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OTHER TRAINING

MOMEN by Al Blackstone,
New York City 2021

Beyond The Dance by Martha Nichols,
New York City 2021

Construction Company by Tracie Stanfield,
Remote training 2020

Broadway Dance Center,
Training Program - New York City 2017, 2019

Parsons School of Design,
BBA in Strategic Design and Management
(Academic and Departmental Honors , Dean's List)
New York City 2015 - 2018

Flashdance Studio,
Professional training program, competition team - Mexico City 2000 - 2014